

Report title: Myalgic Encephalomyelitis (ME)/Chronic Fatigue Syndrome (CFS)

Meeting	Health and Adult Social Care Scrutiny Panel
Date	22 July 2026
Cabinet Member (if applicable)	
Key Decision Eligible for Call In	Not applicable
Purpose of Report To update members of the Health and Adults Social Care Scrutiny Panel on the Department of Health mandate for dedicated care plans for people with ME/CFS and how the 2021 NICE guidelines have been implemented across the ICB, trusts and Kirklees Council.	
Recommendations - To consider the information provided and determine if any further information or action is required, - To note the current specialist, ME/CFA arrangements available to Kirklees residents, - To note the January 2026 data identifying 1937 Kirklees residents with a recorded ME/CFS diagnosis or clinical read code, - To note the actions undertaken to disseminate national guidance, referral information and progression training resources - To encourage closer collaboration across primary care, acute, community mental health, adults social care and specialist services to reduce gaps between organisational pathways.	
Reasons for Recommendations To understand how the 2021 NICE guidelines and 2025 Department of Health and Social Care mandate have been implemented.	
Resource Implication: N/A	
Date signed off by <u>Executive Director</u> & name	N/A
Is it also signed off by the Service Director for Finance?	N/A
Is it also signed off by the Service Director for Legal and Commissioning (Monitoring Officer)?	N/A

Electoral wards affected: None specific

Ward councillors consulted: Not applicable

Public or private: Public

Has GDPR been considered? Yes. The report does not include any personal data that identifies an individual.

1. Executive Summary

ME/CFS is a complex, chronic and potentially disabling condition. Its severity varies considerably.

In February 2026, the Kirklees Health and Adults Social Care Scrutiny Panel agreed for an informal session with the Kirklees and Calderdale ME Support Group to consider information raising systemic failings.

The Scrutiny Panel agreed to request information to issues raised, and subsequently wrote to the Integrated Care Board requesting detailed information about their protocols for treating and accommodating people with ME along with inviting

A report and appendix has been provided which responds to questions raised, along with an overview of current arrangements for people living with ME/CFS in Kirklees.

2. Information required to take a decision

Not applicable.

3. Implications for the Council

Not applicable.

3.1 Council Plan

No specific implications.

3.2 Financial Implications

No specific implications.

3.3 Legal Implications

No specific implications.

3.4 Other (e.g. Risk, Integrated Impact Assessment or Human Resources)

No specific implications.

Integrated Impact Assessment (IIA)

No specific implications.

4. Consultation

Not applicable.

5. Engagement

Not applicable.

- 6. Options**
Not applicable.
- 6.1 Options Considered**
Not applicable.
- 6.2 Reasons for recommended Option**
Not applicable.
- 7. Next steps and timelines**
That the Health and Adults Social Care Scrutiny Panel takes account of the information presented and considers the next steps it wishes to take.
- 8. Contact officer**
Nicola Sylvester, Principal Governance and Democratic Engagement Officer
Nicola.sylvester@kirklees.gov.uk
- 9. Background Papers and History of Decisions**
Not applicable
- 10. Appendices**
Attached
- 11. Service Director responsible**
Samantha Lawton – Service Director, Legal, Governance and Commissioning.